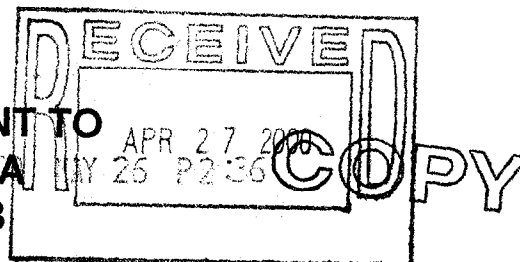


**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93**



This notification is being filed on behalf of Basic Research, L.L.C. dba Wellness Dynamics that is the Distributor of the product(s) which bear the statements identified in this notification. Its business address is: 402 West 5050 North, Provo, Utah 84604. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is **ThermAdril™ Zhi Shi**.

The text of each structure-function statement for which notification is now being given is:

- (Statement 1): "Produces both body weight and fat loss in healthy overweight adults when combined with moderate exercise and mild caloric restricted diet (1800-kcal/d)"
- (Statement 2): "Fat management specifically designed for those who find it difficult to lose weight"
- (Statement 3): "Intensive weight loss formula"
- (Statement 4): "Clinically shown fat burner"

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

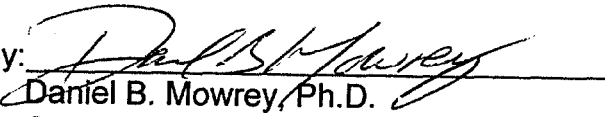
<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the Subject of the Statement:</u>
1	ThermAdril™ Zhi Shi
2	ThermAdril™ Zhi Shi
3	ThermAdril™ Zhi Shi
4	ThermAdril™ Zhi Shi

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Basic Research, L.L.C. dba Wellness Dynamics	Both
2	Basic Research, L.L.C. dba Wellness Dynamics	Both
3	Basic Research, L.L.C. dba Wellness Dynamics	Both
4	Basic Research, L.L.C. dba Wellness Dynamics	Both

I, Daniel B. Mowrey, Ph.D., am authorized to certify this Notification on behalf of Basic Research, L.L.C. dba Wellness Dynamics. I certify that the information presented and contained in this Notification is complete and accurate, and that Basic Research, L.L.C. dba Wellness Dynamics has substantiation that each structure-function statement is truthful and not misleading.

Dated this 13th day of April, 2000.

By: 
Daniel B. Mowrey, Ph.D.
Consultant to Basic Research L.L.C.
dba Wellness Dynamics

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